



Supports for Your Family & Career

Your Many Benefits Include:

Back-Up Child, Adult, and Elder Care: Don't stress about school breaks, bad weather, or caregiver cancellations. Reserve high-quality child care in a center, or in-home care for your child, adult, or elder relatives.

Return-to-Work Care: Going back to work post-leave can be overwhelming, but you have extra back-up care to use in your child's first year. Visit the special programs section on the back-up care site to learn more.

Care for the Whole Family: Easily find sitters, elder care, and pet care (your membership fee to the database is waived!); jump ahead on the waitlist or enjoy discounts at participating child care centers.

Start Today!

Visit clients.brighthouse.com/paypal

Back-Up Username: PayPal **Password:** backup4u

Download the Back-Up Care app: Search "back-up care" in the App Store or Google Play
Questions? Call: 877 242-2737