



Counseling Concierge Services

Call for help in finding a behavioral health provider or therapist to meet your needs.

Reach out to our specialists to find out what this benefit can do for you. We offer you and your loved ones information and referrals for many of your personal needs. Just call. We'll do the research and send you a list of service options, community resources and referrals to experts in your preferred location.

We can help you navigate through life's little and big challenges:

- Balancing work and life issues
- Child and elder care resources
- Depression, anxiety and stress
- Debt management
- Legal assistance

Call and receive a personalized consultation. Our specialists are available 24/7 to assist you.

**Contact us anytime you
need help with any of life's
concerns.**

866-248-4096

or log on to
www.liveandworkwell.com
Access code: PayPalUS

TDD/TTY: Dial 711 and enter the toll-free
number listed above.

